



ROYAL  
**LIFE SAVING**  
SOCIETY UK

# **ALWAYS FOLLOW THE WATER SAFETY CODE**

Whenever you are around water:

## **STOP AND THINK**

Take time to assess your surroundings.  
Look for the dangers and always  
research local signs and advice.

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## **STAY TOGETHER**

When around water always go with  
friends or family.  
Swim at a lifeguarded venue.

In an emergency:

## **CALL 999**

Ask for the Fire and Rescue Service  
when inland and the Coastguard if at the  
coast. Don't enter the water to rescue.

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## **FLOAT**

Fall in or become tired - stay calm, float  
on your back and call for help.  
Throw something that floats to somebody  
that has fallen in.